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عيد تجلي الرب يسوع
Transfiguration of the Lord
August 6th

OUR CHURCH AT PRAYER

Hours of Liturgical services changed due to COVID-19

Weekday Liturgies

Mon - Thu: 9:00 AM

Saturday Liturgies:

4:00 PM Vigil (English)

Sunday Liturgies:

9:00 AM (English)

11:00 AM (English & Arabic)

Holy days of obligation:

Vigil Liturgy @ 7 PM

OFFICE HOURS

M-TH: 9:00 AM-4:00 PM

Friday: 9:00 AM-2:00 PM

Saturdays: By Appointment

PARISH SECRETARY:

rectory@stanthonylawrence.org

MEET OUR DEACONS

Deacon Nadim B. Daou

Deacon Michael Charchaflian

Sub-Deacon James T. Demers

Sub-Deacon Antoine Nammour

PARISH MISSION STATEMENT

You are welcomed and loved by St Anthony Community. We are transformed through prayer, acts of love, forgiveness, service and stewardship.

MEET OUR PRIESTS

Pastor: Fr. Elie Mikhael....305-807-9087....pastor@stanthonylawrence.org

Parochial Vicar: Fr. Andrawos El Tabchi....978-241-2977....pv@stanthonylawrence.org

SACRAMENTS

Baptism & Confirmation: 1 month in advance with the Pastor

Donations: Church & Priest: \$200

Matrimony: Couples should make arrangements six months prior to the wedding date

Donations: Church \$500—Priest : Free Will

Reconciliation: One hour Before Thursday & Saturday Liturgies, or by appointment

Anointing of the Sick: Please notify the Rectory if a member of your family is ill, hospitalized, or unable to come to Church and would like to receive communion at home

Please refer to our website for more Sacrament Celebrations Guidelines.

LITURGICAL SCHEDULE AND INTENTIONS

TENTH SUNDAY OF PENTECOST- أحد العاشر من زمن العنصرة

Sat August 1

English 4:00 PM For: + Marguerite Kalil by Her Family

Sun August 2

English 9:00 AM For: + Justin Renner Jr. by The Bou-Habib Family

Ara/Eng 11:00 AM For: + Saria Geha by her husband and family
Church

Hall 11:00 AM **if needed for over-flow

Mon August 3

9:00 AM For: + Peter Bejjani by his wife Lily Bejjani & Family

Tue August 4

9:00 AM For: In Honor of Marcel & Eliane Saade (Anniversary)

Wed August 5

9:00 AM For: + The Souls in Purgatory by Lily Bejjani & Family

Thu August 6

9:00 AM Feast of the Transfiguration of Our Lord/ عيد تجلي الرب يسوع
For: In Honor of Robert & Anabelle Owaida (Anniversary)

9:30AM-12Noon ADORATION OF THE BLESSED SACRAMENT

Fri August 7

No Liturgy

ELEVENTH SUNDAY OF PENTECOST - أحد الحادي عشر من زمن العنصرة

Feast of the Transfiguration of Our Lord (Aug.6) - عيد تجلي الرب يسوع

Sat August 8

English 4:00 PM For: + Checralla "Chick" Bistany
by his wife Jeanne D'arc & his children

Sun August 9

English 9:00 AM For: Michael & Anne-Marie Faris (Anniversary) by the Pastor

Ara/Eng 11:00 AM For: Tony & Jeannette El-Helou (Anniversary) by the Pastor
Church

Hall 11:00 AM **if needed for over-flow



We have taken needed precautions to ensure the safety of our parishioners as we open the Church for worship

Upon Arrival:

- All church doors will be **opened wide** to avoid touching of door handles
- **Masks must be worn by all, ages 5+**, while inside the church. No one will be admitted without a mask, unless for health reasons.
- Masks (if needed) and **Hand Sanitizer are available at Church Entrance.**
- A **contact-less collection bin** has been placed in the foyer. Please drop your offering right into the bin.

During Liturgy:

- Every **other church pew is blocked off** to allow for physical distancing.
- The **center communion aisle has been marked with 6-ft markers** to allow for physical distancing.
- **Red Qurbono books have been removed.** All Liturgical texts are available online and throughout the church, you can find a **QR Code** that directs you to the online text for your convenience.
- Communion of the Eucharist may be received **on the hand** or by intinction on tongue.

Between Liturgies:

All church pews and doors will be sprayed down with **hospital-grade disinfectant.**



First Letter to the Corinthians 12:1-11

Now concerning spiritual gifts, brothers and sisters, I do not want you to be uninformed. You know that when you were pagans, you were enticed and led astray to idols that could not speak. Therefore I want you to understand that no one speaking by the Spirit of God ever says ‘Let Jesus be cursed!’ and no one can say ‘Jesus is Lord’ except by the Holy Spirit. Now there are varieties of gifts, but the same Spirit; and there are varieties of services, but the same Lord; and there are varieties of activities, but it is the same God who activates all of them in everyone. To each is given the manifestation of the Spirit for the common good. To one is given through the Spirit the utterance of wisdom, and to another the utterance of knowledge according to the same Spirit, to another faith by the same Spirit, to another gifts of healing by the one Spirit, to another the working of miracles, to another prophecy, to another the discernment of spirits, to another various kinds of tongues, to another the interpretation of tongues. All these are activated by one and the same Spirit, who allots to each one individually just as the Spirit chooses.

Gospel: Saint Matthew 12:22-32

Then they brought to him a demoniac who was blind and mute; and he cured him, so that the one who had been mute could speak and see. All the crowds were amazed and said, ‘Can this be the Son of David?’ But when the Pharisees heard it, they said, ‘It is only by Beelzebul, the ruler of the demons, that this fellow casts out the demons.’ He knew what they were thinking and said to them, ‘Every kingdom divided against itself is laid waste, and no city or house divided against itself will stand. If Satan casts out Satan, he is divided against himself; how then will his kingdom stand? If I cast out demons by Beelzebul, by whom do your own exorcists cast them out? Therefore they will be your judges. But if it is by the Spirit of God that I cast out demons, then the kingdom of God has come to you. Or how can one enter a strong man’s house and plunder his property, without first tying up the strong man? Then indeed the house can be plundered. Whoever is not with me is against me, and whoever does not gather with me scatters. Therefore I tell you, people will be forgiven for every sin and blasphemy, but blasphemy against the Spirit will not be forgiven. Whoever speaks a word against the Son of Man will be forgiven, but whoever speaks against the Holy Spirit will not be forgiven, either in this age or in the age to come.

AS WE PRAY ON YOUR BIRTHDAY

Aug 1: Eleanor Abi-Moussa, Jeanine Abou Raad, Gladys George, Carol Hbaiter, Simona Kanaan, Jennifer Raad

Aug 2: Cassandra Maroun, Gerald Motta, Melissa Rahi, Daphne Vincent

Aug 3: Robert Chahine, Diana Geha, Marissa Prezzano, Zakia Russo

Aug 4: Chaniel Abou Ezzi, Elie Ata, Robert Haykal

Aug 5: Anthony Awad, Wael Naamani, Shannon Taylor

Aug 6: Laura Chamoun, Michelle Daccache, Leah El-Hashem, Theresa Hassan, Patrick Ramey

Aug 7: Reagan Bistany, Madelyn Pelletier, Christine Ryan

AS WE PRAY ON YOUR ANNIVERSARY

August 1: James Menihane & Mary Abdo

August 4: Marcel & Eliane Saade
Timothy & Elanor Shea

August 5: Sam & Alyssa Hajj

August 6: Jercin & Nathalie Ephrem
Robert & Anabelle Owaida

August 7: Pierre & Ann Maroun

Pope’s Prayer Intention: The Maritime World

We pray for all those who work and live from the sea, among them sailors, fishermen and their families.



رسالة القديس بولس الأولى إلى أهل كورنتس 12:1-11

يا إخوتي : أمّا في شأنِ المَواهبِ الرُّوحِيَّةِ، أَيُّهَا الإِخْوَةُ، فلا أريدُ أَنْ تَكُونُوا جَاهِلِينَ. تَعْلَمُونَ أَنكُمْ، عِنْدَمَا كُنْتُمْ وَتَنِيَّينَ، كُنْتُمْ تَنفَادُونَ مُنَجْرِفِينَ إِلَى الأوثَانِ البُكْمِ. لِذَلِكَ أُعْلِنُ لَكُمْ أَنَّهُ مَا مِنْ أَحَدٍ يَنْطِقُ بِرُوحِ اللهِ، وَيَمْكِنُهُ أَنْ يَقُولَ: «يَسُوعُ مَحْرُوم!»؛ وَلَا أَحَدٌ يَقْدِرُ أَنْ يَقُولَ: «يَسُوعُ رَبِّ!» «إِلَّا بِالرُّوحِ القُدُسِ. إِنَّ المَواهبَ الرُّوحِيَّةَ عَلَى أَنْوَاعٍ، لَكِنَّ الرُّوحَ وَاحِدٌ؛ وَالخِدْمَ عَلَى أَنْوَاعٍ، لَكِنَّ الرَّبَّ وَاحِدٌ؛ وَالأَعْمَالَ القَدِيرَةَ عَلَى أَنْوَاعٍ، لَكِنَّ اللهَ وَاحِدٌ، وَهُوَ يَعْمَلُ فِي الجَمِيعِ كُلِّ شَيْءٍ. وَكُلُّ وَاحِدٍ يُعْطَى مَوْهَبَةً يَتَجَلَّى الرُّوحُ فِيهَا مِنْ أَجْلِ الخَيْرِ العَامِ. فوَاحِدٌ يُعْطَى بِالرُّوحِ كَلَامَ الحِكْمَةِ، وَآخَرُ كَلَامَ المَعْرِفَةِ، وَفَقًّا لِلرُّوحِ عَيْنِيهِ؛ وَآخَرُ مَواهبَ الشِّفَاءِ فِي الرُّوحِ الوَاحِدِ؛ وَآخَرُ الأَعْمَالَ القَدِيرَةَ، وَآخَرُ النُّبُوَّةَ، وَآخَرُ تَمْيِيزَ الأَرْوَاحِ، وَآخَرُ أَنْوَاعِ الأَلْسُنِ، وَآخَرُ تَرْجَمَةَ الأَلْسُنِ. كُلُّ هَذَا يَعْمَلُهُ الرُّوحُ الوَاحِدُ عَيْنِيهِ، مُوزِّعًا لِكُلِّ وَاحِدٍ مَواهبَهُ كَمَا يَشَاءُ.

إنجيل القديس متى 12:22-32

حينئذٍ قَدَّمُوا إِلَى يَسُوعَ مَمْسُوسًا أَعْمَى وَآخْرَسَ، فَشَفَاهُ، حَتَّى تَكَلَّمَ وَأَبْصَرَ. فَدَهَشَ الجُمُوعُ كُلُّهُمْ وَقَالُوا: «لَعَلَّ هَذَا هُوَ ابْنُ دَاوُدَ؟». «وَسَمِعَ الفَرِّيسِيُّونَ فَقَالُوا: «إِنَّ هَذَا الرَّجُلَ لَا يُخْرِجُ الشَّيَاطِينَ إِلَّا بِبِعْلِ زَبُولَ، رَئِيسِ الشَّيَاطِينِ. «وَعَلِمَ يَسُوعُ أَفْكَارَهُمْ فَقَالَ لَهُمْ: «كُلُّ مَمْلَكَةٍ تَنْقَسِمُ عَلَى نَفْسِهَا تَخْرَبُ، وَكُلُّ مَدِينَةٍ أَوْ بَيْتٍ يَنْقَسِمُ عَلَى نَفْسِهِ لَا يَثْبُتُ. فَإِنْ كَانَ الشَّيْطَانُ يُخْرِجُ الشَّيْطَانَ، يَكُونُ قَدْ أَنْقَسَمَ عَلَى نَفْسِهِ، فَكَيْفَ تَثْبُتُ مَمْلَكَتُهُ؟ وَإِنْ كُنْتُ أَنَا بِبِعْلِ زَبُولَ أَخْرِجُ الشَّيَاطِينَ، فَأَبْنَاؤُكُمْ بِمَنْ يُخْرِجُونَهُمْ؟ لِذَلِكَ فَهَمْ أَنْفُسُهُمْ سَيَحْكُمُونَ عَلَيْكُمْ. أَمَّا إِنْ كُنْتُ أَنَا بِرُوحِ اللهِ أَخْرِجُ الشَّيَاطِينَ، فَقَدْ وَافَاكُمْ مَلَكُوتُ اللهِ. أَمْ كَيْفَ يَقْدِرُ أَحَدٌ أَنْ يَدْخُلَ بَيْتَ القَوِيِّ وَيَنْهَبَ أَمْتِعَتَهُ، إِنْ لَمْ يَرْتَبِطِ القَوِيُّ أَوَّلًا، وَحِينَئِذٍ يَنْهَبُ بَيْتَهُ؟ مَنْ أَيْسَ مَعِيَ فَهُوَ عَلَيَّ. وَمَنْ لَا يَجْمَعُ مَعِيَ فَهُوَ بِيَدِّدٍ. لِذَلِكَ أَقُولُ لَكُمْ: كُلُّ خَطِيئَةٍ سَتُغْفَرُ لِلنَّاسِ، وَكُلُّ تَجْدِيفٍ، أَمَّا التَّجْدِيفُ عَلَى الرُّوحِ فَلَنْ يُغْفَرَ. مَنْ قَالَ كَلِمَةً عَلَى ابْنِ الإِنْسَانِ سَيُغْفَرُ لَهُ. أَمَّا مَنْ قَالَ عَلَى الرُّوحِ القُدُسِ فَلَنْ يُغْفَرَ لَهُ، لَا فِي هَذَا الدَّهْرِ، وَلَا فِي الآتِي.

THE SANCTUARY LAMPS

RIGHT & LEFT SANCTUARY LAMP WILL BURN
IN LOVING MEMORY OF:

Saria Geha

by Mr. & Mrs. Samir Daou

PUBLICATION OF BANNIS

THIRD WEEK:

Joseph Akiki & Alexandria Cunha

FIRST WEEK:

Danny Azzi & Rita Nasr

A Message from Religious Education:

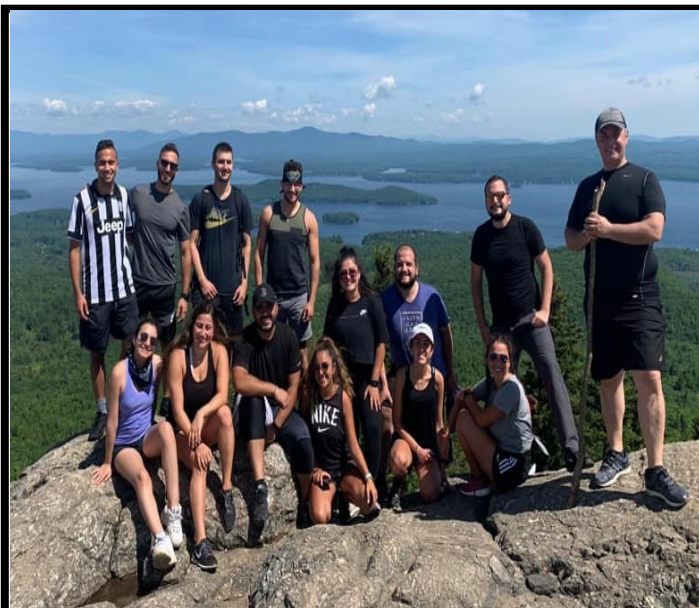
Hello Religious Education Families!!! We hope you are enjoying your time with family this summer. We miss you all and wanted to reach out to provide you with a quick update for those that have been wondering. Religious Education at St. Anthony's will be returning, starting this September. We are currently finishing the details, so keep following the bulletin and check your email, for more information soon.



Every Thursday, 9:30am-12pm
Please contact the Rectory to reserve an hour so that the Blessed Sacrament is not left alone.



Our Lady of Lebanon Sodality group is putting together a Parish Cookbook! If you are interested in having a recipe featured (open to all!), please contact Bassima Aboujaoude (603-571-3003) or the Parish Office **by Aug 15** to submit your name and the dish you want to share!



St. Anthony's MYA (Young Adults) group took a hike up to Mt. Major! Also, the announcement was made of the new MYA Board that will lead this group for the next year:

President— Ramona Yammine

Vice President—Justin Bouchrouche

Social Media Coordinator—Gemma Francis

Stay tuned for many more exciting events that they will plan for the young adults and we encourage all aged 18-30 to join!

The Sacraments of Baptism & Confirmation

were administered to:

- ◆ **Camila Isabel Ata, daughter of Rami & Mariana Ata**

May God shower his blessings upon the Baptized & her family!



It's time to DIGITIZE our Church Records!

We have commissioned the **Northeast Document Conservation Center** to digitize all of our Sacrament Registers.

By doing this, all records will be **saved and available on digital record** and backed-up on the church's secured cloud for generations to come! Also, a copy of all digitized records will be sent to the Eparchy for archiving.



UPDATE YOUR LOVED ONES RECORD !!

The following steps will help you access the tool:

1. Go to www.stanthonylawrence.org
2. Scroll to the bottom and click on **BURIAL ONLINE SEARCH**.
3. Type in the last/first name or in some cases just last name and click search.
4. Click on the name.
5. In the middle of the page, look for **“Do you know more about this person or their ancestors?”** **Click here.**
6. You can then complete any or all the fields and click submit.
7. If desired, you may send obituary notice, special documents, letters, receipts etc. to rectory@stanthonylawrence.org and we will attach that to your loved one's record.

TITHES & OFFERINGS

SAINT ANTHONY'S PARISH depends on donations from our parishioners and benefactors to live and expand our Mission. Your donations fund the many ministries and activities of the parish, Sunday and weekly Masses, faith formation for children, youth and adults, fellowship for our welcoming community, and provides outreach to those in need.

STEP UP YOUR WEEKLY / MONTHLY / ANNUAL GIVING COMMITMENT

REGISTER FOR ONLINE DONATION: TO KEEP UP WITH OUR NEEDS AND, NOT TO FALL SHORT OF OUR FINANCIAL STEWARDSHIP GOAL.

Apply Online:

stanthonylawrence.org/donate-now/

TREE OF LIFE

REMEMBER YOUR LOVED ONES BY PUTTING THEIR NAMES ON TREE OF LIFE BRASS ALUMINUM PLAQUES SIZES:

1.5" X 3" = \$75 / 3"X 6"= \$150 / 4"X8"= \$250

Please submit your request either by phone: **978.685.7233**

E-mail: rectory@stanthonylawrence.org



DUE TO THE COVID-19 PANDEMIC, THIS YEAR'S ANNUAL LEBANESE MAHRAJAN HAS BEEN CANCELLED. THE MAHRAJAN COMMITTEE HAS BEEN MEETING & PLANNING ALTERNATIVE FUNDRAISING. STAY TUNED FOR NEWS SOON!

A GUIDE TO GROWING IN GRATITUDE: Gratitude is a thankful disposition of mind and heart

If you are like me, it is easy to forget how “God provides” if you are too focused on others’ blessings. We live in a culture that incessantly prompts us to want *more and more of what others have – and INSTANTLY!*

Temptations are thrown in our path relentlessly and we are provided many opportunities to lose perspective on our blessings, to want more, and to forget that what the Lord has given us is more than adequate. As a Christian, living a life rooted in gratitude is essential to growing in our faith.

For example, when we plug into the internet we need to be well aware of ourselves and our own deadly pitfalls that lead us to personal sin. How is it that in just a few short minutes we can lose our grounding and perspective?

It is easy to fall quickly into being jealous of others’ blessings whenever it is something we ourselves desire. We may find ourselves coveting, desiring, wanting, or believing that just maybe we SHOULD have those blessings ... possibly even have our neighbor’s life! Keep your mind in a grateful and thankful mode and avoid these near occasions of sin.

Now more than ever, thanks to social media, we can view every single blessing of another person’s life in a flash from vacations, talents, summer camps, family life, and even what others are cooking or eating out for dinner! Social media is a tool for sharing but also a dragon well worth taming so you are not tempted to become jealous of another’s blessings.

Keep a healthy perspective on your life and the life of others! Remember, life isn’t perfect on the other side of the screen and, instead, learn to cultivate gratitude in your heart so you can discover true Christian joy.

SIMPLE STEPS TO GROW IN GRATITUDE!

Prayer impacts our perspective!

If you are struggling with being grateful, take this matter to your prayer time! Ask the Lord for more graces to accept each moment of your life, as it is, and to overcome whatever is holding you back from being grateful.

Surround yourself with people who are grateful for life.

Gratitude is an important virtue and flows from humility. “If souls are humble, they will be moved to give thanks,” St. Teresa of Ávila said. We need to overcome the desire to be “Pinterest-perfect” or to believe that this type of perfection will bring us happiness!

Materialism fuels our ingratitude.

Our culture and greed often lead us into a vicious circle of materialism: The more we get, the more we want. Materialism leads to the “give me” mindset in which “stuff” fills the void of our hearts. It is important to focus on the non-material world where we share our thanks with words of affirmation, kind deeds, and prayers of thanksgiving.

This is especially true with raising children. In fact, we do not always need to “reward” them with things, but instead we can affirm them and their dignity as children of God. Consider praying before making a big purchase or a spontaneous one.

Decide whether this item will bring me or my family lasting joy: Will it end up in the trash can within a week? Instead, reward with experiences, be purposeful on how you express your love for others, and avoid the trap that materialism leads to happiness.

A major obstacle to being grateful or growing in this virtue is refusing to forgive.

When we refuse to forgive it leads us to grow in hard-heartedness. Consider forgiving those who have hurt you or robbed you of your joy. Seek to mend that relationship. When we seek out to strengthen our relationships with others, we grow closer to Christ. In the meantime, we grow in gratitude.

Worry and anxiety can also lead us away from being grateful.

There is a direct link between screen time and anxiety, especially with our teens. St. Paul says:

Have no anxiety at all, but in everything, by prayer and petition, with thanksgiving, make your requests known to God. Then the peace of God that surpasses all understanding will guard your hearts and minds in Christ Jesus. (Philippians 4:6-7)

If we are anxious and stressed out, let us take a breather and unplug. Detach and spend some time in nature or go to Eucharistic Adoration for some restful quiet before Jesus.

Let us close with these powerful words by St. John Paul II:

Remember the past with gratitude ... live the present with enthusiasm and ... look forward to the future with confidence. (Novo Millennio Ineunte, At the Beginning of the New Millennium, 1)

When we look to the past with gratitude it not only creates beautiful memories but helps us navigate our life.

By Emily Jaminet