

FIRST COMMUNION GUIDELINES

Act of Contrition

O my God, I am heartily sorry for having offended you, and I detest all my sins, because of Your just punishments, but most of all because they offend You, my God, who are all-good and deserving of all my love.

I firmly resolve, with the help of Your grace, to sin no more and to avoid the near occasion of sin.

Amen.

FIRST COMMUNION

Welcome to First Communion preparation! What a wonderful and exciting time!

First Communicants will spend this year preparing spiritually to receive Communion. It will be very important that you attend Mass on Sunday with your child. Teach them and show them your love for the Blessed Sacrament.

You will also need to work with your child to prepare them for First Reconciliation, which can many times be much more nerve wracking than First Communion.

SPECIFICATIONS

First Communion preparation is a two-year process. If your child was not enrolled in 1st grade class or Catholic school prior to enrolling in 2nd grade please contact Susan Veilleux to see where your child should be placed.

This year students are going to learn how to make a good confession. The children will practice examination of their souls. They will learn on a deeper level what is happening during Mass and, of course, prepare students to receive Communion.

FIRST COMMUNION REQUIREMENTS:

1. Student should be in 2nd grade or above and at least 7 years old.
2. Student must have been enrolled in religious education program for at least one year prior (1st grade Religious Ed or Catholic school). If student was not enrolled in R.E. prior please contact Susan Veilleux to determine eligibility.
3. Student must attend two years of religious formation through the R.E. program (1st and 2nd grade) with **no more than two absences per semester**.
4. Students should participate in Mass on Sundays and more often if the opportunity presents itself.
5. If your child was baptized outside of St Anthony Parish, parents must turn in a copy of Baptism certificate, otherwise parents must provide a date of Baptism. Dates and place of Baptism must be to the Director of Religious Ed no later than December 31.

In addition to the guidelines mentioned above, students should have knowledge of:

How to behave during Mass

Make the Sign of the Cross

How to pray Our Father, Hail Mary, Glory Be

Before First Reconciliation the student will need to be able to pray Act of Contrition and do an examination of conscious.

Reverence for Mass and the Eucharist

DRESS CODE FOR FIRST COMMUNION

Girls:

white dress

veil

white shoes

gloves (optional)

Boys:

navy blue pants

white shirt

tie

Black shoes

Jacket (optional)

DAY OF COMMUNION GUIDELINES

There will be a few reserved seats for parents and siblings all other family members will find their own seating in the church.

Group pictures will be taken after Mass. Please do not take pictures during Mass. This is a sacred time and St. Anthony will have a photographer.

A reception will immediately follow Mass.

Should you have any questions please feel free to contact me at any time Susan Veilleux

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